

HOPE CHURCH

Sermon Notes: April 12, 2026

Be Still (Mark 1:32-45)

In solitude with God:

- We receive _____.
- We are empowered to _____.

Time of Solitude:

- Express _____
- Dwell on _____
- Still _____
- Be filled with the _____

Questions to Consider:

- *When is a consistent time each day you could seek fifteen minutes of solitude with God?*
- *What keeps you from finding solitude with God? What could you do to make time for that?*
- *What thoughts need to be stilled in your mind by focusing on the love and goodness of God?*